

October 2017

Haviland Ave Elementary Lunch

Lunch Prices Paid Lunch: \$2.55 Reduced Lunch: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Whole Grain Pancakes Turkey Sausage Patties Tater Tots <p>Alternate Entrees</p> <ul style="list-style-type: none"> Crispy Chicken Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Fresh Celery Sticks Seasoned Carrots Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Syrup Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>3</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Sweet and Sour Meatballs Asian Brown Rice Fresh Vegetable Medley <p>Alternate Entrees</p> <ul style="list-style-type: none"> Mixed Greens Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Garbanzo Beans Roasted Broccoli Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>4</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Macaroni and Cheese Whole Grain Dinner Roll Broccoli Florets <p>Alternate Entrees</p> <ul style="list-style-type: none"> Crispy Chicken Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Fresh Cherry Tomatoes Roasted Green Beans Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>5</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Philly Cheese Steak Baked Crinkle Fries <p>Alternate Entrees</p> <ul style="list-style-type: none"> Mixed Greens Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Marinated Cool Cucumbers Steamed Golden Corn Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>6</p> <p>Teacher In-Service Day - No School for Students</p>
<p>9</p> <p>Columbus Day - Schools Closed</p>	<p>10</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Seasoned Taco Beef Soft Flour Tortilla Shredded Romaine Lettuce Shredded Cheddar Cheese <p>Alternate Entrees</p> <ul style="list-style-type: none"> Mixed Greens Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Garbanzo Beans Roasted Broccoli Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>11</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Popcorn Chicken Roasted Green Beans Mashed Potatoes <p>Alternate Entrees</p> <ul style="list-style-type: none"> Crispy Chicken Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Fresh Cherry Tomatoes Roasted Green Beans Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>12</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Beef Hot Dog on Whole Wheat Classic Baked Beans Oven Baked Fries <p>Alternate Entrees</p> <ul style="list-style-type: none"> Mixed Greens Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich Classic Cheese Pizza <p>Extra Extra</p> <ul style="list-style-type: none"> Marinated Cool Cucumbers Steamed Golden Corn Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing 	<p>13</p> <p>Main Entrees</p> <ul style="list-style-type: none"> Classic Cheese Pizza Colorful Tossed Salad <p>Alternate Entrees</p> <ul style="list-style-type: none"> Crispy Chicken Salad with Cheese Whole Grain Dinner Roll Muffin & Goldfish Fun Lunch Peanut Butter & Jelly Sandwich <p>Extra Extra</p> <ul style="list-style-type: none"> Fresh Baby Carrots Seasoned Peas and Carrots Fresh Red Delicious Apple Fresh Orange Fresh Banana Peach Fruit Cup Diced Pear Fruit Cup Mixed Fruit Cocktail <p>Milk & Condiments</p> <ul style="list-style-type: none"> 1% Low-fat Milk Skim Milk Strawberry Skim Milk Chocolate Fat Free Milk Assorted Fruit Juice Ketchup Yellow Mustard Mayo Light Ranch Dressing Light Italian Dressing Honey Mustard Dressing Creamy Caesar Dressing

16**Main Entrees**

- Whole Grain French Toast Sticks
- Turkey Sausage Patties
- Tater Tots

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

17**Main Entrees**

- Meatballs in Zesty Marinara
- Whole Grain Spaghetti
- Seasoned Peas

Alternate Entrees

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

18**Main Entrees**

- Turkey Nachos
- Salsa
- Seasoned Black Beans

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Fresh Cherry Tomatoes
- Roasted Green Beans
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

19**Main Entrees**

- Mashed Potato & Chicken Bowl
- Steamed Golden Corn

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Marinated Cool Cucumbers
- Steamed Golden Corn
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

20**Main Entrees**

- Cheese Stuffed Breadsticks
- Marinara Sauce
- Colorful Tossed Salad

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich

Extra Extra

- Fresh Baby Carrots
- Seasoned Peas and Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

23**Main Entrees**

- Classic American Cheeseburger
- Baked Crinkle Fries

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

24**Main Entrees**

- Toasty Cheese Sandwich
- Campbell's Tomato Soup

Alternate Entrees

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

25**Main Entrees**

- Sweet and Sour Chicken
- Steamed Brown Rice
- Seasoned Broccoli Florets

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Fresh Cherry Tomatoes
- Roasted Green Beans
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

26**Early Dismissal - No Lunch Served****27****Main Entrees**

- Classic Cheese Pizza
- Colorful Tossed Salad

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich

Extra Extra

- Fresh Baby Carrots
- Seasoned Peas and Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

30**Main Entrees**

- Whole Grain Pancakes
- Turkey Sausage Patties
- Tater Tots

Alternate Entrees

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

31**Main Entrees**

- Sweet and Sour Meatballs
- Asian Brown Rice
- Fresh Vegetable Medley

Alternate Entrees

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

Extra Extra

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

Milk & Condiments

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

More Details: <http://audubonschools.nutrislice.com/menu/haviland-ave-elementary/lunch/>
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