

# December 2017

## Haviland Ave Elementary Breakfast

Breakfast Prices    Paid Breakfast: \$1.10    Reduced Breakfast: \$0.30

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### 1

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk

#### 4

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk

#### 5

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Mini Maple Pancakes
- Blueberry Bash Waffles
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk
- Syrup

#### 6

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk

#### 7

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Mini Maple Pancakes
- Blueberry Bash Waffles
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk
- Syrup

#### 8

#### Main Entrees

- Cheerios
- Cinnamon Toast Crunch Cereal
- Multigrain Frosted Flakes
- Rice Chex
- Reduced Sugar Trix
- Apple Cinnamon Muffin
- Banana Muffin
- Double Chocolate Chip Muffin
- Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Graham Crackers

#### Fruit & Vegetable Bar

- Fresh Whole Fruit
- Assorted Chilled Fruit
- Assorted Fruit Juice

#### Milk & Condiments

- 1% Lowfat Milk
- Chocolate Skim Milk
- Strawberry Skim Milk
- Skim Milk

<p><b>11</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>	<p><b>12</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Mini Maple Pancakes</li> <li>Blueberry Bash Waffles</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> <li>Syrup</li> </ul>	<p><b>13</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>	<p><b>14</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Mini Maple Pancakes</li> <li>Blueberry Bash Waffles</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> <li>Syrup</li> </ul>	<p><b>15</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>
<p><b>18</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>	<p><b>19</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Mini Maple Pancakes</li> <li>Blueberry Bash Waffles</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> <li>Syrup</li> </ul>	<p><b>20</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>	<p><b>21</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Mini Maple Pancakes</li> <li>Blueberry Bash Waffles</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> <li>Syrup</li> </ul>	<p><b>22</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Cheerios</li> <li>Cinnamon Toast Crunch Cereal</li> <li>Multigrain Frosted Flakes</li> <li>Rice Chex</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Muffin</li> <li>Banana Muffin</li> <li>Double Chocolate Chip Muffin</li> <li>Blueberry Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Graham Crackers</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> <li>Assorted Fruit Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Chocolate Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Skim Milk</li> </ul>
<p><b>25</b></p> <p>Winter Recess</p>	<p><b>26</b></p> <p>Winter Recess</p>	<p><b>27</b></p> <p>Winter Recess</p>	<p><b>28</b></p> <p>Winter Recess</p>	<p><b>29</b></p> <p>Winter Recess</p>

More Details: <http://audubonschools.nutrislice.com/menu/haviland-ave-elementary/breakfast/>  
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