

Audubon School District

January Menu



**REFRIGERATE
AND / OR
FREEZE ITEMS
PROMPTLY**

1/4—Meal Pick Up	
Breakfast	Lunch
Mini Waffles w/syrup	Personal Pizza
Assorted Muffin	Uncrustable Sandwich
Assorted Cereal	Cheeseburger Sliders
Assorted Cereal Bar	Quesadillas
Turkey Sausage wrapped in pancake on stick	Turkey & Cheese Sandwich
Assortment of fresh or frozen vegetables included	
Assortment of fresh, cupped fruit or juice included	
1/2 Gallon of 1% White or chocolate Milk and two cheese sticks	

1/11—Meal Pick Up	
Breakfast	Lunch
Assorted Cereal bar	Pizza Crunchers
Egg & cheese on bagel	Uncrustable Sandwich
Assorted Muffin	Cheeseburger with Bun
Assorted Cereal	Ham & Cheese Sandwich
Crunch Mania	Grilled Chicken on bun
Assortment of fresh or frozen vegetables included	
Assortment of fresh, cupped fruit or juice included	
1/2 Gallon of 1% White or Chocolate Milk and two cheese sticks	

1/19—Meal Pick Up	
Breakfast	Lunch
Mini Pancakes w/syrup	Turkey & Cheese Sandwich
Assorted Muffin	Uncrustables Sandwich
Assorted Cereal	Chicken Nuggets
Mini bagels & cream cheese	All Beef Hot Dog on Bun
Assortment of fresh or frozen vegetables included	
Assortment of fresh, cupped fruit or juice included	
1/2 Gallon of 1% White or Chocolate Milk & Two Cheese Sticks	

1/25—Meal Pick Up	
Breakfast	Lunch
French Toast with Syrup	Chicken patty on Bun
Assorted Muffin	Personal Pizza
Assorted Cereal	Chicken Fiesta Bowl
Mini Strawberry bagelful	Pizza Crunchers
Assorted cereal Bar	Grilled Cheese
Assortment of fresh or frozen vegetables included	
Assortment of fresh, cupped fruit or juice included	
1/2 Gallon of 1% White or Chocolate Milk & Two Cheese Sticks	



For Heat & Enjoy information scan QR code



**Nutri-Serve's
Heat @
Home**
Cooking Instructions
& Portion Sizes

**Menu Subject To Change*

*Meal Components: Protein, Grain, Fruit, Veggie, Milk | This institution is an equal opportunity provider.
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